

2/10/2022 UPTREND Takes a hit with Nasdaq -2.1%, S&P5 -1.8% Distribution days

ARMCHAIR INVESTOR Newsletter: THE MARKET'S MESSAGE
A TREND-FOLLOWING STRATEGY

MARKET's MESSAGE "MARKET in UPTREND- Time to buy cautiously"

Armchair Investor Trend-following Investment Position:	HOLD QQQ
Armchair Investor 2022 Returns: See trades on page 2	Return for 2022 -2.6%

Thursday: Interest rates of 2% sound really cheap to me – hardly noticeable in my monthly cash flow. So what's the big deal about Thursday's minor interest rates rise?

A doubling of interest expenses can have a serious impact on an income statement! And what does this predict for the future. The rates are expected to continue rising, inch by inch.

Investors.com blamed that "small" interest rate increase a "spike" (in perspective, I agree) for being a factor in causing the market's drop on Thursday. And how high will this cost go?? History points at some very crazy times of "hyper-inflation."

Thursday, the January consumer price index (CPI) rose 7.5% from a year ago. And as Investors.com pointed out, that was "the biggest annual gain since February 1982" reported by the US Labor department.

WHAT SHOULD YOU DO NOW?

Nothing different than you have been doing. Watch each individual stock you own daily, looking for distribution days and other signs of weakness. Consider trimming or exiting stocks that are showing significant weakness.

>>>>> Remember, "CASH is a position." And a good one is a market pullback.

DAILY MARKET ACTION					
2/10/22	Index Close	Index % Change	Volume % Change	Volume vs 50-day Avg.	Accumulation or Distribution Day?
Nasdaq	14,185.64	-2.1%	+9.6%	+5.4%	Major Distribution
NYSE Volume used for S&P500 and DJIA					
S&P500	4,504.08	-1.8%	+14.8%	+18.9%	Major Distribution
DJIA	35,241.59	-1.5%			Major Distribution

FOR FRIDAY: I hold the QQQ in my trend-following position and continue to add strong stocks to my portfolio as I find them. **No rush!**

I apologize for the delay in the Thursday newsletter.

Due to focusing our whole team on solving the security/access issue that stopped the newsletter, no other time was spent creating the rest of the newsletter.

Since the problem was fixed mid-day Saturday, stay tuned. Friday's newsletter should be out by 5 p.m. Saturday (central time.)